

NATURALLY ELEVATED

Discover a community in step with the lifestyle you desire. Tranquility meets city living at SCALA, a luxurious condo-community set against a naturally lush ravine setting. Winding trails and verdant parkland intertwine with the unparalleled connectivity of both the subway and GO Train at your doorstep. Designed to naturally elevate, the Bayview Village community is brought to new heights with SCALA.





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BLOGGER

Ien Chan foodpr0n.com

Food is not just about sustenance, but also about taste. creativity, and social interaction. Jen Chan captures her experiences in image and word so she can reminisce at her leisure – savour the aroma of anticipation, the texture of taste, and all that an excellent meal evokes.



WRITER **Alison Petrovich**

Alison Petrovich is a writer, literacy enthusiast and lover of all things arts and culture. She has worked in journalism, social media and advertising, and has had creative writing and photography published in the 2012 & 2013 editions of The Mitre.





BLOGGER

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Marina Arnaout is the founder of Affluence Avenue - Toronto's First Luxury Lifestyle Guide covering epicure taste, arts & culture, international travel, and business advice. Affluence Avenue celebrates the best of what the world has to offer from places to people, capturing the sublime and featuring stories that enhance the everyday.

BLOGGER Lisa Ng hipurbangirl.com

Lisa Ng is the Editor-in-Chief of This Beautiful Day - a lifestyle blog for smart women. You can follow her food + travel adventures on Twitter @helloLisaNg or Instagram @ThisBeautifulDay.







Blogger Loulou loves living in downtown Toronto and never leaves home without a camera because you never know when the perfect photo opportunity will present itself. In addition to sharing stories about the city and the fun things she does in it, Loulou writes about art of all kinds, nature, food and favourite vintage finds.





Sabrina Francescut

sabrinaimagery.com

Sabrina Francescut majored in photography at The Ontario College of Art and Design. She has commanded her own studio for many years shooting commercial work, mostly products and lifestyle, and still loves doing it. Somewhere in there she managed to find the time to create a coffee table book on Venice, Italy, and win several photography awards.



NATURE is what we see, The Hill, the Afternoon – Squirrel, Eclipse, the Bumble-bee, Nay–Nature is Heaven.

Nature is what we hear, The Bobolink, the Sea-Thunder, the Cricket – Nay,-Nature is Harmony.

Nature is what we know But have no art to say, So impotent our wisdom is to Her simplicity.

Emily Dickinson





From the winding ways of the Betty Sutherland Trail to the aquatic allure of the Don River, discover all the natural beauty of the Bayview Village community.



Nature at its most natural. The allure of the outdoors.



When the call of the great outdoors beckons your soul, find serene sanctuary in the natural surroundings of Bayview Village.

For visitors, the parkland and ample green space offer an urban mecca of adventure, where days can be spent hiking, mountain biking and sightseeing. For residents, the area acts as an extension of one's backyard. Host a picnic at Havenbrook Park or spend an afternoon with little ones at the children's playground at Clarinda. No matter what solace you seek from the outdoors, you can find it in the fields, trails, parkland and green space that weave itself wonderfully into the Bayview Village terrain.

Whether exploring the abundant terrain of the Betty Sutherland Trail or taking a moment to reflect as the Don River reflects back at you, the community of Bayview Village and the surrounding area offers acres and acres of lush landscape to experience, explore and inspire.



Splendour in the Grass

Havenbrook Park 15 HAVENBROOK BOULEVARD

Located adjacent to the Henry Farm Tennis Club, with four lit tennis courts and a clubhouse, this five-hectare park also features a baseball diamond, children's playground and plenty of green space for four-legged friends to run around in and explore.

Clarinda Park 31 CLARINDA DRIVE

This small parkette boasts some of the best sightseeing around, as Toronto's signature spot to watch the salmon swim up the Don River each autumn. The parkette also features a playground, adored by the neighbourhood children and visiting youth alike.

10.00

Alamosa Park 11 ALAMOSA DRIVE

FROM LANGUID AFTERNOON WALKS TO RECREATION-FILLED RELAXATION, LIVE WITH PARKLAND IN CLOSE PROXIMITY IN THE BAYVIEW VILLAGE COMMUNITY.



Moatfield Farm Park 300 LESMILL ROAD

In search of a tranquil escape? Then set your sights on Moatfield Farm Park. The quiet stretch of parkland is also a recently discovered historical landmark, once home to a First Nations village more than 600 years ago.

Hawksbury Park 1A HAWKSBURY DRIVE

Master your swing at the Bayview Village Tennis Club, which features six lit, outdoor courts and a clubhouse. Adjacent to the courts is a one-hectare park and a playground, where children and the youngat-heart can spend an afternoon swinging, sliding and climbing.

Villaways Park 41 ADRA VILLAWAY



BETTY SUTHERLAND TRAIL

What's in a name?

The trail, christened after the former Metropolitan Toronto Councillor, is in recognition of her significant contribution to the local parks system.

It's a beautiful life*style*



Discussing everything from functional design to favourite design trends with UNION31's Principal Creative, Kelly Cray.





- 300 Front Street Rêve • One Old Mill • Two Old Mill · Blythwood at Huntington • Sherwood at Huntington • 101 Erskine
 - Alter
 - SQ • SQ2



Can you tell me a little bit about yourself and how you got started in interior design?

I stumbled upon an interior design kjosk while attending a career expo in high school. After a brief overview of what it was about, I was sold. I went on to study at Algonguin College in the Advanced Studio Program. I graduated in the late 90's and have been designing ever since. The last seventeen years of which have been in real estate development and hospitality. Over the years I've been fortunate enough to have worked on dynamic projects and have collaborated with many talented people. Working in design is extremely satisfying and rewarding. I draw daily inspiration from popular culture, the urban landscape and from travelling.

Tell me about your longstanding partnership with Tridel?

community?

"We designed amenity spaces which visually flow into each other seamlessly, layering marble, onyx and other natural materials to evoke a warm and inviting environment."

In a word (or a few) what is UNION31's design philosophy?

Thought provoking, distinct and approachable.

We were fortunate to collaborate with Tridel back in 2010. 300 Front Street was one of our first condos with the Tridel brand and it turned out to be a very successful project. We quickly discovered that Tridel's vision and expectation meshed well with our design aesthetic and vision.

When you first saw the blueprint for SCALA, what was your initial design vision for the

An initial design vision is achieved by first meeting with the developer's marketing team and then building upon the marketing goal. In this case the plans for SCALA illustrated a strong landscape component and distinctive architectural features such as a light facade, cascading terraces, water features and swimming pools. All of which are inherent to resort-style living which inspired our approach.

The lush and natural surroundings of Bayview Village are a huge focus and draw when it comes to SCALA. How do you plan to integrate the outdoors within the interior space?

Our vision is to integrate materials that complement the verdant surroundings such as water, stone, marble and natural woods. The lobby features a waterfall and urban pond, echoed by the natural ravine found in the landscape, while conveying a modern, luxury environment. Elegant onyx, graphic marble and natural wood brings warmth to the areas.

The terraced suites are a standout in this community. Although interiors are your specialty, what design tips can you give prospective buyers on infusing design into an outdoor retreat?

The key to creating an outdoor retreat is to think of it as an extension of your indoor space. Incorporate soft seating and furnishings that complement your interior pieces as there will be a visual connection. Wood decking is always a stylish touch to warm up the space and create a cozy environment.

Consider different zones, such as dining, reading and lounging. Define these areas by using furniture as dividers. Lastly. decorate as you would indoors by adding area carpets, attractive planters and by using soft accent lighting in the form of portable LED lanterns.

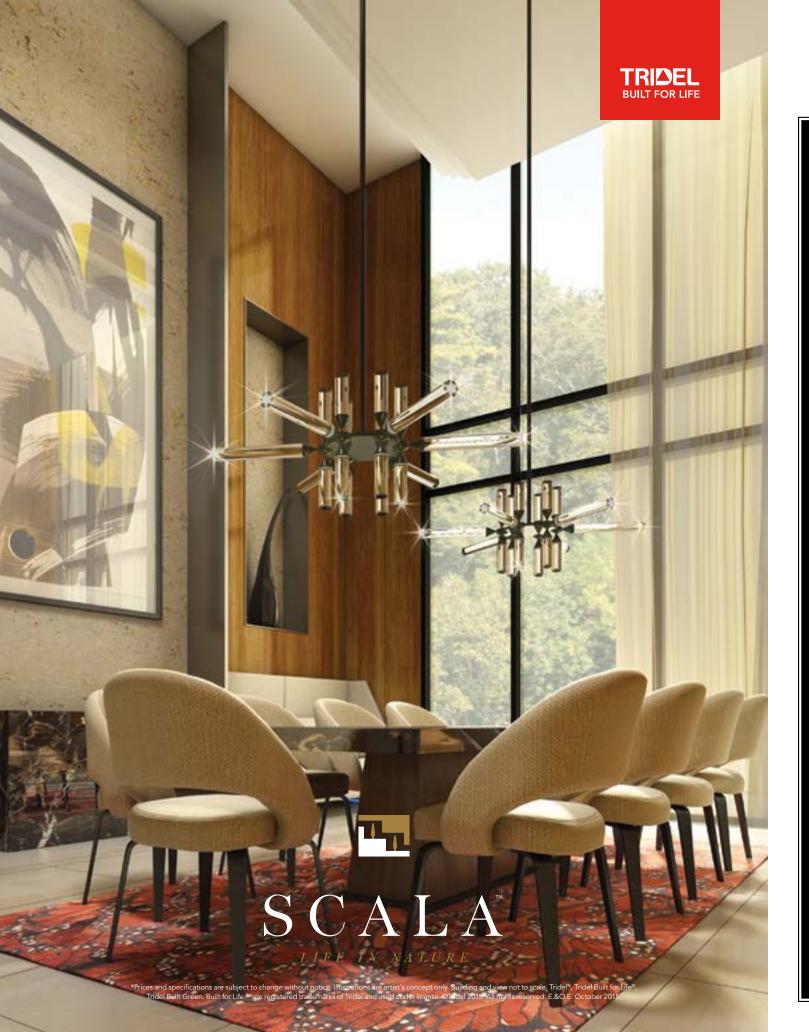
What is one key design tip you can give to prospective condosuite buyers?

When buying furniture, be mindful of scale and tailored forms. Often people buy furniture that's too small or too large for the space. Large traditional pieces are better suited for large homes. Another tip is to keep it neutral. Consider using neutral tones for backgrounds, rather than colour, as it will be timeless.

Use colour in your accents, whether it's with cushions, art or accessories. And lastly, consult a professional or experienced sales person before investing in major purchases.

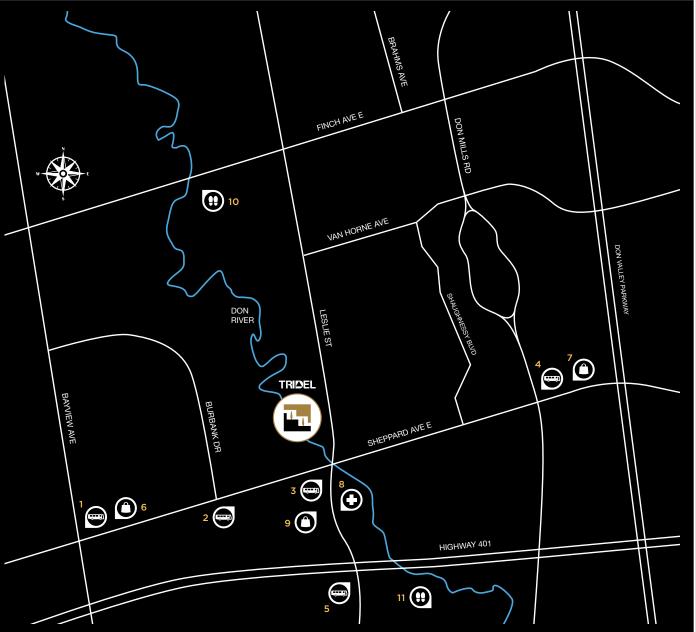
Lastly, what's your favourite design trend of 2015?

There are a few. I like the return to more natural finishes; the high contrast of using graphic stone and the resurgence of metallics and combining different metals.



LIFE IN NATURE

Well Travelled



Tour the Town

Travel abroad at a moment's notice or connect to the city core with ease. From accessible highway options and subway stops to convenient airport access, the Bayview Village community is a stone's throw from everything and everywhere.

PUBLIC TRANSPORTATION

- 1 Bayview Subway Station
- 2 Bessarion Station

- 3 Leslie Station 4 - Don Mills Station
- 5 Oriole GO Station Rail

AREA AMENITIES

- 6 Bayview Village
- 7 Fairview Mall
- 8 North York General Hospital
- 9 Ikea North York
- 10 East Don Parkland
- 11 Betty Sutherland Trail

BEAUTY AT **BAYVIEW STATION**

Art in motion. Created by celebrated Toronto artist Panya Clark Espinal, the illustrations covering Bayview Station's walls and floors have helped it become recognized as one of the 15 most beautiful stations in the world.

ON TIME ON THE LESLIE LINE

Need to get somewhere soon? Hop on the Sheppard Line at Leslie Station, running every five minutes.



The View **From Above**

Bayview village is one of Ontario's most affluent communities, an area rich in history, culture, natural beauty and refinement. Steeped in yesteryear charm and draped in opulent architecture, Bayview Village and the surrounding areas are where aspirations become realized.

A BRIEF HISTORY ON BAYVIEW

Formerly part of North York, Bayview Village is a highlight of the Willowdale district. The area is bordered on the north by Finch Avenue East, Bayview Avenue on the west, on the east by Leslie Street and on the south by Highway 401. Once hailed as 'contemporary living in the countryside' on the doorstep of urbanity, Bayview Village has become one of the most affluent and wealthiest neighbourhoods in the city.

Bayview Village was brought to life in 1954 and built to reflect the surrounding natural beauty of the everrolling Don River. With nearly a quarter of Bayview Village left untouched and wild, curvilinear street patterns follow the natural ebb and flow of the land, highlighting the importance of natural preservation. An invaluable draw for any cosmopolitan community to boast.

AN AREA OF AFFLUENCE

With Hoggs Hollow and Old Yonge a stone's throw away and some of Toronto's most spectacular streets around the corner, Bayview Village is also surrounded by some of the most affluent neighbourhoods in the city. Lined with million dollar estates, simply drive down Forest Grove Drive or Restwell Crescent and fall in love with a scenery lush in greenery and opulent architecture.

Whether spending a day strolling streets like Hi Mount Drive and Courtwood Place or taking in the serene beauty of Bayview Village, it's here that a dream for a better life become truly realized. It's the happily ever after to a fairy tale lifestyle that has only just begun.

"You only live once, but if you do it right, once is enough." - Mae West



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BAYVIEW PRENUMBERS

*Statistics from 2011 Canadian Census

AN EVENING OUT CAN BE A LOT OF FUN, BUT AFTER A LONG DAY, KICK BACK IN THE COMFORT OF YOUR OWN SPACE AND LIFT BARELY EVEN A FINGER WITH A LOCAL DELIVERY OPTION. HERE ARE A FEW TO GET YOU STARTED.



1 ASIAN LEGEND 125 RAVEL RD.

Take your Friday nights to the far east with Asian Legend. Featuring an extensive menu of dim sum and stir-fry options, dine in on northern flavours that put an inspired twist on traditional favourites.

CALL FOR DELIVERY 416.756.9388 | asianlegend.ca



2 SASHIMI HOUSE 2038 SHEPPARD AVE. E.

Order fresh and authentic Japanese meals including sashimi, sushi, maki and more, all bursting with luscious flavours. Try their popular fire dragon roll and don't forget to order their mouth-watering spicy mayo.

CALL FOR DELIVERY 416.495.1208 | sashimihouse.ca

3 MINOO

8053 YONGE ST.

Offering a wide range of Middle Eastern cuisine, you can choose between terrific meals such as the sweet strawberry spinach salad, numerous tender kababs or what is said to be the best zereshk polo in the city.

CALL FOR DELIVERY 416.662.4639 | minoocatering.com

STAYING IN?

SCALA

ENJOY ALFRESCO DINING ON YOUR TERRACE WITH A PLETHORA OF FOOD DELIVERY SAMPLINGS.

By Blogger JEN CHAN | Foodpr0n.com

DINE IN THE COMFORT AND CONVENIENCE OF YOUR OUTDOOR TERRACE RETREAT.







4 BOW THAI

4755 LESLIE ST.

Found in a corner of a plaza off Leslie, this neat and tidy restaurant is done in dark wood and restrained Thai accents. A neighbourhood fixture for the last 7 years, Bow Thai is mainly a take-out location, but can also serve as a dine-in experience with ample seating in the house. Solid menu options include their rich red curry and tangy mango salad. With free delivery over \$20, this is an easy and succulent choice.

CALL FOR DELIVERY 416.780.0400 | bowthai-northyork.ca

SCALA 1000

GOING OUT?

P The T

IN NEED OF A NIGHT OUT? TREAT YOUR TASTE BUDS TO SOME OF THE CITY'S BEST RESTAURANTS AND BISTROS, ALL BLOCKS FROM BAYVIEW VILLAGE.

JEN CHAN | Foodpr0n.com

ORIGIN NORTH RESTAURANT & BAR - 2901 BAYVIEW AVE.





1 KATSURA JAPANESE RESTAURANT

900 YORK MILLS RD.

As one of Toronto's signature Japanese restaurants, satisfy your palate on authentic cuisine in the heart of North York. Take date night to new heights in the classically elegant dining room, where Japanese décor dwells with modern accents. Dine on the freshest sashimi and sushi platters, made with fish imported from Japan daily.

BOOK RESERVATIONS 416.444.2511 | katsurarestaurant.com



2 OLIVER & BONACINI CAFÉ GRILL

2901 BAYVIEW AVE.

In need of savoury sustenance after an afternoon of shopping? As O&B's first casual dining experience, the Oliver & Bonacini Café Grill is an urban mecca full of menu items that will please everyone's palate. Sample one the many fire-roasted pizzas and then wash it all down



with an O&B signature cocktail. Sit back, converse and enjoy a little slice of downtown in the heart of Bayview Village.

BOOK RESERVATIONS 416.590.1300 | oliverbonacini.com

3 ORIGIN NORTH **RESTAURANT & BAR**

2901 BAYVIEW AVE.

For that downtown feel up north, the sleek and trendy design of Chef Claudio Aprile's Origin North just might fit the bill. With high ceilings, warm wood tones, and industrial accents throughout, this high capacity space offers lots of opportunity for large parties to let out steam after a long week. With lots of shared plates and easy eats to choose from, you'll find plenty to keep the entire group happy.

BOOK RESERVATIONS 416.479.8833 | originnorth.com



WOODHILL GARDEN CENTRE

On Steeles at Bayview

Furnish with fresh florals. Bring spaces to life with artistic arrangements, adding a pop of colour to centrepieces or romantic whimsy to a bedside table.





From flashy, large-scale productions to more intimate shows, Toronto Centre for the Arts is home to some of the finest - and my favourite - shows in the city. There's no need to trek downtown for a dose of theatre or music - Toronto Centre for the Arts is located conveniently on the subway line at North York Centre and right next to many restaurants.



At the centre of North York, Mel Lastman Square is a community hub showcasing some of the best events the city has to offer. The 20,000 square foot open space city centre includes an outdoor amphitheatre and a constant stream of cultural and arts events. From cultural festivals and concerts to children's activities and awareness campaigns, there's something for everyone's tastes almost every day of the year.



LOCAL OR INTERNATIONAL. FAMED OR **UP-AND-COMING.** SET YOUR SIGHTS ON **CONCERTS, EXHIBITS** AND PERFORMANCES BY SOME OF THE GREATEST TALENTS THE WORLD HAS EVER SEEN, ALL TAKING CENTRE STAGE IN THE **BAYVIEW VILLAGE** COMMUNITY.





APPRECIATE THE ARTS

. . . .

SCALA

By Blogger STEPHANIE FUSCO

stephaniefusco.com



THEATRE 20

66 LESMILL ROAD

Since 2010, Theatre 20 has featured the star power of Canadian artists and musical theatre writers in its full-scale musical theatre writers in its full scale musical theatre productions and musical theatre workshops. The theatre is currently preparing for a run of Chelsea Hotel: The Songs of Leonard Cohen in February 2016 and has previously put on Company and Bloodless: The Trial of Burke & Hare. Suddenly, a night out on the town is just a quick drive away.



LEONARDO GALLERIES

255 DUNCAN MILL ROAD

Recently transplanted from Yorkville to our neighbourhood, Leonardo Galleries features exhibitions of unique artists and also restores your prized artwork onsite. Past exhibitions have included Rufino Tamayo and Gomez Fuertes, Tadeusz Biernot's Islands collection and Peter Kraiker: Pedal with Passion. Discover a new favourite artist by visiting Leonardo Galleries and make sure to make time for dinner at David Duncan House around the corner!







Shake & Stir

Three recipes, one classic, Cuban cocktail. Enjoy the magic of mojitos in the comfort of your own living room or storeys-high terrace.

Mojito $(\ m\bar{o} - h\bar{e} - t\bar{o})$

Mojito is a traditional Cuban highball. Traditionally, a mojito is a cocktail that consists of five ingredients: white rum, sugar, lime juice, sparkling water, and mint.

THE CLASSIC

THE GOODS

- 4 tablespoons Cane Sugar
- 4 cups *lce*
- 10 to 12 *Mint Sprigs*
- 6 tablepoons *Lime Juice*
- Club Soda
- 4 slices Lime

THE STEPS

- 1 Place ice in shaker and add rum
- ② Break up mint leaves and add half to shaker with lime
- ③ Shake well and serve over ice with a splash of club soda
- ④ Garnish with remaining mint leaves (serves four)

BASIL-LYCHEE BLISS

THE GOODS

- 2 Large Limes
- 3 tablespoons Palm Sugar
- 2 tablespoons Sugar Syrup
- 200 ml Lychee Juice
- 200 ml *Rum*
- Handful Fresh Basil Leaves

THE STEPS

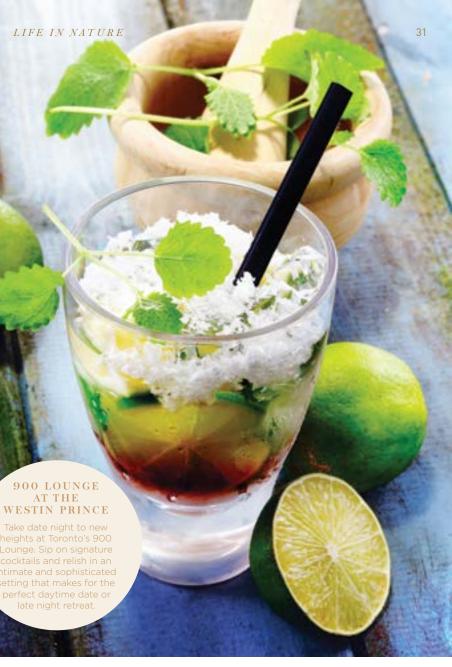
- 1 Put lime, palm sugar and basil in shaker
- ② Add the sugar syrup, lychee juice and rum. Fill shaker with ice and shake until frost forms
- ③ Serve and enjoy over crushed ice
- (serves four)

900 LOUNGE AT THE

- 1 ½ cups *lce*

- (serves four)

- - 2 Limes, Juiced



FROSTY BITTEN

THE GOODS

• ¾ cup Coconut Rum • 1/2 cup Canned Coconut Water • ¼ cup Club Soda • ½ cup Mint Simple Syrup • ¼ cup Fresh Mint

THE STEPS

① Combine all ingredients in a blender and pulse until ice is crushed

② Add more ice if needed, and add extra rum if necessary

③ Serve over ice and enjoy

STOCKING THE BAR?

LCBO

BAYVIEW VILLAGE 2901 Bayview Ave (5 mins)

LCBO

NORTH YORK 1838 Avenue Rd (9 mins)

LCBO

YONGE STREET 5995 Yonge St (13mins)



EAST DON RIVER TRAIL

A

÷.

Walk the Line

The East Don River Trail is the ideal afternoon jaunt for the avid outdoorsy type or easygoing adventurer. Connect with your condo on a new level.

A C T I V E

Elevate your fitness routine by fully utilizing your condo's fitness centre.

DUTY^{*}

Your wallet and wellbeing will thank you.

TAKE THE STAIRS

Rejuvenate your routine by using your condo's stairs as your very own stair climber. Climb a few flights for a quick calorie burn or climb the height of the building for a complete cardio workout.

2 **FLOOR WORK EQUALS** MORE WORK

What a condo gym may lack in equipment is often made up for in ample floor space. Take advantage of the added room by adding floor-based workouts to your routine, like squats, lunges, burpies and pushups.

SHORT CIRCUIT

3

Circuit training is easily achievable using your condo gym equimpment. Using various weights, floor workouts, even the treadmill, complete four to five movements for 45 seconds and repeat three times for optimal results.

NAMASTE YOUR DAY

4

Most condo's are not only equipped with a fitness centre but also offer an urban sanctuary in the form of a yoga studio. Stretch, relax and unwind in the comfort and convenience of a secluded space far from the hustle and bustle of the every day.

5 PERSONALIZE YOUR WORKOUT

Unlike chain fitness centres, you are more than welcome to find the perfect personal trainer for your fitness goals and have them accompany you to your condo gym. Finding time for fitness is suddenly much more achievable.

* Please consult your physician before beginning any exercise program. If you experience any pain or difficulty with these exercises, stop and consult your healthcare provider.

WHERE TO BREAK A SWEAT **IN BAYVIEW VILLAGE**

Trying to shake-up your workout routine?

I know the feeling of mindlessly lifting weights and not fully challenging your body. You could be getting a better workout! Let's take a closer look at the neighbourhood of Bayview Village, for the best places to stretch, sweat, relax and unwind!

BIKRAM YOGA TNT

Hot yoga is one of the best ways to get revved up while detoxing and stretching out your body. Bikram Yoga TNT will morph you through 26 poses in 90 minutes at their heated studio right across from Bayview subway station. Hot yoga works to speed up your metabolism, increase your heart rate, release stress and create more flexibility in your poses.

REV MMA CROSSFIT & FITNESS

If you're looking to meet new people, build a sense of community but are short on time, then Rev MMA CrossFit & Fitness may be the perfect workout for you. CrossFit workouts are efficient, with a complete full-body workout in an hour. The group dynamic is competitive but also supportive and positive. The studio also offers beginner classes for those trying CrossFit for the first time.

BODY + SOUL FITNESS

1875 LESLIE STREE

Is your gym routine getting stale? The personal trainers at Body + Soul Fitness can shake up your routine and help you reach your goals with one-on-one or group training. The studio also offers a Learn-to-Lift program for those new to weight training. Membership capacity is also limited so you never have to wait in line for another machine!

ZUMBA FITNESS CLASSES WITH YULIA

Having a bad day? Zumba Fitness Classes with Yulia will put a smile on your face as you laugh, dance and shake it off with this aerobic-based workout. You'll move through a series of Latin and international dance moves with easy-tofollow steps. No dance experience is required. An average class can burn anywhere from 500-800 calories!

RED-WINGED BLACKBIRD

With its scarlet-and-yellow shoulder patches, the Red-winged Blackbird is one of North America's most abundant birds.

PILEATED WOODPECKER

Nearly the size of a crow, the woodpecker is a standout with bold white stripes down its neck and a flaming red crest.



With its silky coat of browns, grays and lemon-yellows, accented by arresting red droplets on its wings, the Waxwing is truly a sight to be seen.

WAXWING



The East Don River Trail, the northerly stretch of Southern Ontario's watercourse, is a picturesque pathway of winding wilderness. It's here, amongst the lush greenery and meandering trails, one can truly become one with nature.

Stop and smell the wildflower meadows. Watch as salmon swim up stream as falling leaves blanket the pathways. Or catch a glimpse of the Monarch butterflies before they migrate to Mexico. No matter where the trails take you, take your time to take in all it has to offer.



GREAT HORNED OWL

The powerful predator, with its deep hooting voice and yellow-eyed stare, is the classic storybook owl.

GO ON AN OWL PROWL

Spend a cool night prowling for owls along the East Don River Trail. As the sun sets, this urban woodland becomes a breeding ground for a myriad of hooting mythical birds. Catch a glimpse of a Saw-Whet Owl or hear the distinct sounds of the Eastern Screech Owl.

GONE FISH

SALMON IN SEPTEMBER

Since the mid-1990s, salmon have been observed migrating up the Don River,

looking for the perfect place to spawn

before the winter season.



CREEK CHUB

A small minnow, this freshwater fish can usually be defined by a dark brown body with a white lateral line spanning horizontally across the body.

LONGNOSE DACE

This freshwater minnow has a wedge-shaped head and small swim bladder, allowing it to remain in position on the stream bottom even in very fast flowing water.



Native to Asia, this large-scaled fish is omnivorous and often lives alone or swims in small schools.



TROUT LILY

A low-growing plant, trout lilies are a popular Spring ephemeral wildflower, and its petals make for a soothing and enjoyable tea.

MILKWEED

Wild yet edible, milkweeds are a tall perennial plant that provides essential food for monarch butterflies, making it a natural habitat for the flying beauties.

WILD COFFEE

A lanky plant, Wild Coffee often appears bushy and its fruit resembles the aesthetic of a true coffee bean.

WILD GERANIUM

Known as Alum Root and the Old Maid's Nightcap, Wild Geranium add a colourful allure to any wildlife landscape.



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Discoverthedon.ca is your go-to guide to experiencing the Don River. From speaker series to events and exploration walks, find all the information you need to take your next hike to new heights.





ALL YOU CAN



WHOLE FOODS MARKET 4771 YONGE STREET



Looking for aisles and aisles of the finest natural and organic foods and goods? Look no further. Whether you're in need of chia seeds or organic chai tea, Whole Foods provides conscious cooks with ingredients that nourish the body and sustain the planet.

Check out Whole Foods Market's Yonge & Sheppard Facebook page and keep upto-date on daily deals, in-store events and health-happy recipes.



LOBLAWS 2877 BAYVIEW AVENUE

The supermarket of supermarkets, Bayview Avenue Loblaws offers shoppers everything they need under one, larger-than-life roof. Buy your groceries, peruse the fresh looks at Joe Fresh, pick-up your prescription or drop off your dry cleaning. Easy, accessible and utterly enjoyable.



SUNNY SUPERMARKET 115 RAVEL ROAD

The multicultural grocery store chain provides an extensive mix of supermarket basics and ethnic favourites. The 20,000 sq. ft. storefront offers everything from produce and baked goods to a must-see live fish and seafood department.



TARO'S FISH 800 SHEPPARD AVENUE

Fishing around the city for the best catch? Head over to Taro's Fish. Carrying a plethora of fresh fish, sashimi and speciality catches, like black cod with miso sauce, Taro's Fish is North York's premier fish market. Throwing a party? Taro's offers a rich selection of teriyaki, tempura and sushi for takeout and delivery.





PUSATERI'S FINE FOODS 2901 BAYVIEW AVENUE

Located in the heart of Bayview Village, Pusateri's has single-handedly revolutionized the grocery store in Toronto. From the first in-store sushi bars to introducing Torontonians to olive oil bars, Pusateri's is the city's premier foodie destination for healthy and delicious produce and prepared meals.



MCEWAN GROCERY 38 KARL FRASER ROAD

For a food experience like no other, look no further than McEwan Grocery. Helmed by celebrity chef Mark McEwan, the specialty supermarket offers a rich selection of exclusive and hard-to-find items only available in store.

No time to cook dinner? No worries. Dine on prepared meals based on recipes from The McEwan Group's signature restaurants including North 44, Bymark and One.





Oriole Community Centre

STREET DUCK

2975 DON MILLS ROAD WEST

Fun and fitness converge at the year-round, family-friendly Oriole Community Centre. Make waves at the outdoor pool all summer and strap on your skates each winter. From summer camps and daycare services to volleyball and crafts, this is the sports-inspired spot for the active family.

Kids Fun City

150 LESMILL ROAD Spend time laughing and learning at Kids Fun City's award-winning attractions. Go for a round of Mini Golf or Bowling, get lost in the Lazer Frenzy Maze or play games in the Toddler Area and Arcade Zone. Known as Toronto's best indoor playground, it's the go-to destination for parties, play dates and family fun.

Bayview Glen Day Camp

275 DUNCAN MILL ROAD

Boys and girls of all ages look forward to summe. weeks spent at Bayview Glen Day Camp. For over 50 years, it's where children have been making nemories and friends to last a lifetime. Whether they're into performing arts and dance or hockey and horseback riding, there's bound to be a program that will spark your child's interest.



Places to play, spaces to grow. Bayview Village offers kids and kids-at-heart an eclectic mix of family-favourite hot spots and out-of-the-ordinary adventures.

By Writer ALISON PETROVICH

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Cineplex Cinemas Empress Walk

5095 YONGE STREET

Treat the kids to some popcorn and recline your seats for an incredible IMAX experience. Spend a Saturday catching the latest family film on the big screen before hitting the arcade for some old-school fun.

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BERANI JEWELLERY

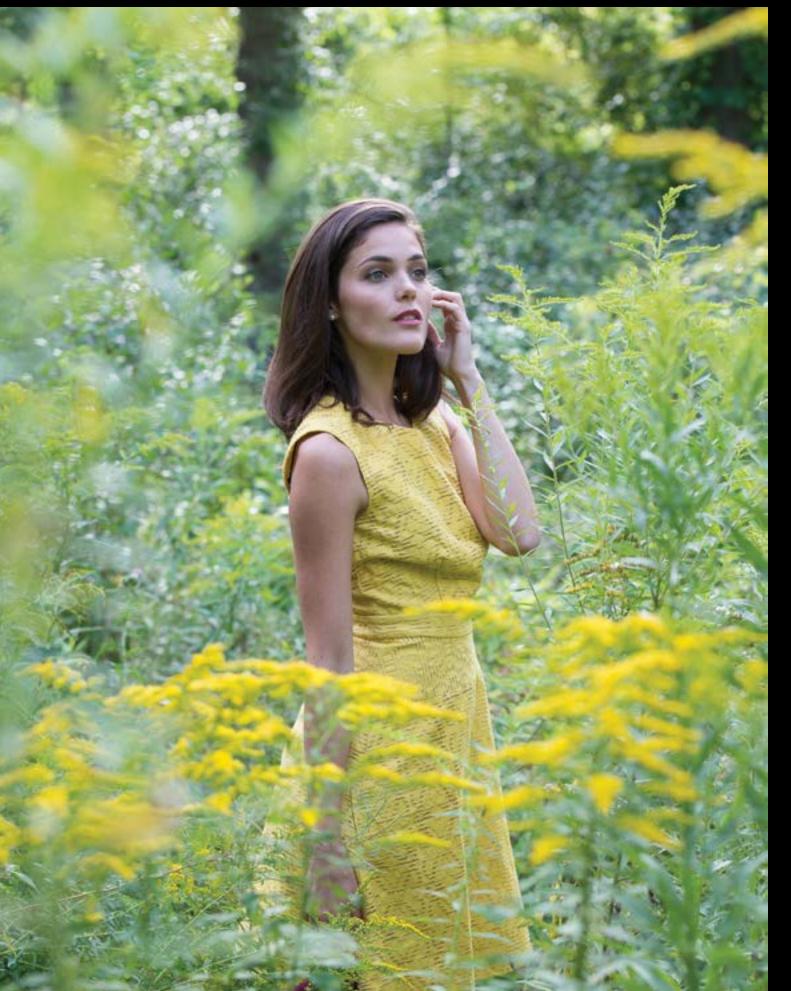
The Crown Jewel

At the luxury jewellery store, find a piece as timeless as the moment it defines.



NATURAL BEAUTY

Welcome to where the wild things are. Where pathways connect you to nature and natural excitement. Get lost. Find yourself. Go exploring. Be inspired. Peer over wooden bridges or ponder rockside as you watch the salmon swim upstream. The Don River Trails are yours for the taking so take them where you will.





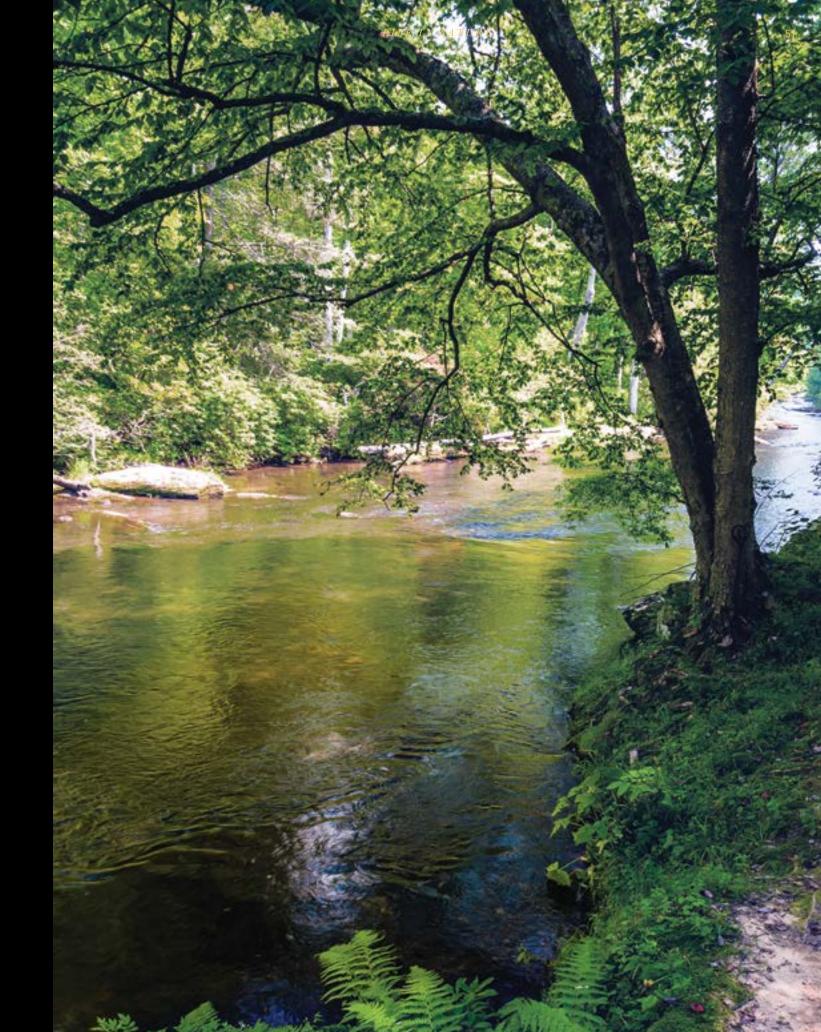


Don River Trails, photo-series no.2

Betty Sutherland Trail, photo-series no.3



Betty Sutherland Trail, photo-series no. 4





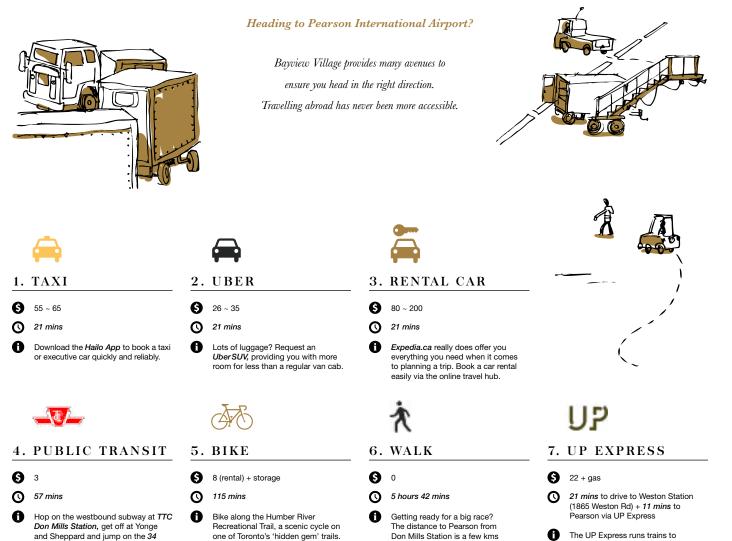


Betty Sutherland Trail, photo-series no.5





THERE AND BACK AGAIN



longer than a half marathon.

Bus en route to Pearson.

the airport every 15 minutes from 5:30 am until 1:00 am daily.





only. Building and view not to scale. Tridel®, Tridel Built for Life®, se. ©Tridel 2015. All rights reserved. E.&O.E. October 2015.

REAL LIFE. BEEL ECLED

CREATE A HOME THAT EMBODIES YOUR PERSONAL STYLE IN A SPACE THAT'S SIGNATURE TO YOU.

BY BLOGGER LOULOU RAILS

RESTORATION HARDWARE

restorationhardware.com Bayview Village Shopping Centre

A visit to Restoration Hardware could leave you with the desire to redecorate your entire home. Their curated collections of furnishings, bathware, lighting and décor have a clean and classic style that will appeal to both men and women. Items are displayed in an appealing way that will surely result in a long wishlist. The creative designs, some utilizing one-of-a-kind materials such as the coffee tables made with authentic vintage barn doors, will give your home a unique look that you'll love.

DAVID'S FINE LINENS

davidsfinelinens.com Bayview Village Shopping Centre

David's Fine Linens is the place to go if you're looking for luxury textiles. Offering amazingly smooth, high thread count cotton bed sheets, duvet covers and pillow shams, they'll set you up for the restful sleep of your dreams. For a very special treat, consider their Eiderdown duvet with a pure silk cover. Their ecofriendly bath towels come in 8 colours and combine the softness and moisture-wicking abilities of bamboo with the strength of Egyptian cotton. They also carry very nice linens for your kitchen.





lecreuset.ca Bayview Village Shopping Centre

If you enjoy cooking and baking, then a visit to the Le Creuset shop will make you feel like a kid in a candy store - a very colourful candy store, that is. Owning a single item from this company, which has been creating their trademark enamelled cast iron cooking and baking pieces since 1925, might make you a Le Creuset convert for life because that item was designed to last you a lifetime. In addition to their traditional line of cookware, they also offer stainless steel pots and pans, and cheerful tableware, all of the highest quality.



danajordan.com Bayview Village Shopping Centre

Dana Jordan is a great place to find a gift for yourself or a loved one - the hardest part will be choosing from their vast selection of attractive home accessories. There is something for everyone, from decadent soaps and candles to lovely glassware and ceramics. Their cool barware and serving platters will make for the hosting of memorable parties. Even the most practical things have a fun spin to them, like the reusable sandwich container that looks just like a sandwich itself.

THE DAVID DUNCAN HOUSE 2 here

Dine in decadence

Spend a night in the company of fine food and drinks, all heightened by an art deco allure.



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THE BEST OF BAYVIEW VILLAGE **SHOPPING**

By Blogger Marina Arnaout

Your shopping guide

Berani TNT Pink Tartan Judith & Charles DAVIDS M0851

Bayview Village 2901 BAYVIEW AVENUE

is one of Canada's most prestigious shopping centres, with over 110 luxury retailers catering to the most distinguished and discerning tastes.

In recent years, Toronto has emerged as a major to some of the best vintage shopping in North America. Bayview Village is a shopper's paradise



Berani

Where does one start when shopping for a timepiece? Berani has all the answers. The jeweller breathes comfortable elegance, avoiding any sign of intimidation while educating clients. Berani has timepieces and unique jewellery designs that will ensure you stand out from the crowd.

TNT

3.1 Phillip Lim, Alice + Olivia, Helmut Lang, - if these names mean something, TNT is your calling. Carrying the trendiest designers and fashion trends, TNT is 5,500 square feet of fashion paradise for men and women alike. Including over 300 prestigious luxury designers, this is a must visit, Toronto treasure.



Pink Tartan is a fashion house that makes Canada proud. Founder Kimberley Newport-Mimran is fashion royalty, creating pieces known for their modern sophistication and elegance. "I make clothes to live your life and easily transition from day to dinner," says Newport-Mimran. Her pieces are a must have wardrobe staple for any Canadian fashionista's closet.

Pink Tartan

Judith & Charles

Talk about a modern love story. Husband and wife team, Judith & Charles have created a label known for its premium contemporary designs and perfect fit. The brand manufactures ninety percent of the collection locally in Canada to have full control over production. Stylish and conscious - what could be better?



DAVIDS

Since 1951, DAVIDS has been the shoe wear staple, internationally recognized for its signature selection of the world's leading footwear designs. Louboutins, Valentino, Prada - the list, and legwear fashions, goes on and on.



M0851

Leather goods that are truly a cut above. M0851 is your go-to luxury leather outfitter, providing one-of-a-kind bags, wallets, clothing and outerwear for the urban rebel. Combining traditional materials with modern design, this Montreal mainstay is where the perfect leather jacket lives.







LIFE IN NATURE

SCALA

Schools in the Neighbourhood

YORK MILLS COLLEGIATE INSTITUTE

490 YORK MILLS RD.

Located on York Mills Road between Bayview and Leslie Avenues, York Mills Collegiate Institute offers a wide range of curricular programs, and a diverse language program, which includes French, Spanish and French Immersion.

ST. JOSEPH'S MORROW PARK CATHOLIC **SECONDARY** SCHOOL

3379 BAYVIEW AVE.

As one of the area's premier Catholic schools, St. Joseph's centres around a philosophy that fosters academic excellence, a desire for lifelong learning and personal betterment while inspiring students to be both respectful and socially responsible citizens.

BLESSED TRINITY CATHOLIC SCHOOL

3205 BAYVIEW AVE.

Situated on Bayview at Finch, Blessed Trinity Catholic School places a strong emphasis on following Gospel values, strong parental involvement and community celebrations highlighted by a common goal of achieving academic excellence.

ELKHORN PUBLIC SCHOOL

10 ELKHORN DR.

An integral part of the Bayview Village community, Elkhorn Public School is a Kindergarten to Grade 5 public school where the partnership of home, community and school thrives to help students excel and flourish.

BAYVIEW GLEN SCHOOL

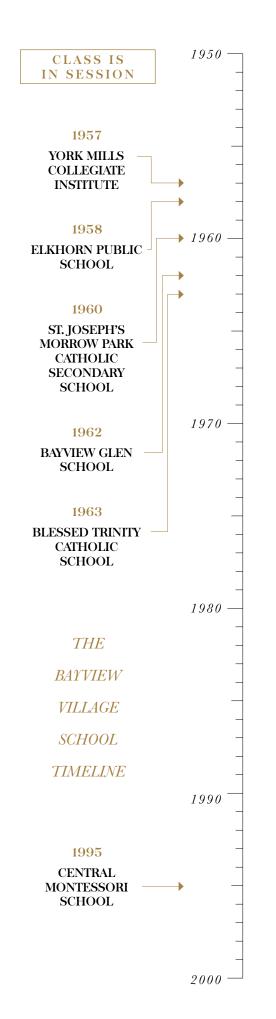
275 DUNCAN MILL RD.

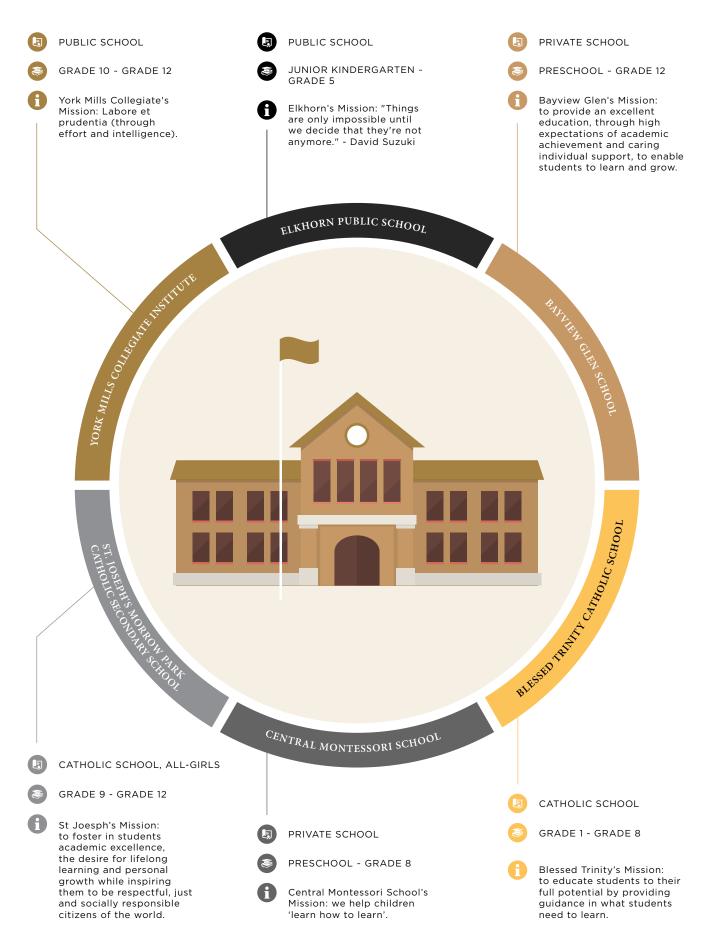
The elite private school's motto expresses their allencompassing mantra: "Whole child. Whole life. Whole world." As a co-educational, multicultural, university preparatory day school, Bayview Glen is focused on developing the whole child through academic excellence and enriched learning.

CENTRAL MONTESSORI SCHOOL

18 COLDWATER RD.

Committed to providing the highest quality Montessori education, Central Montessori School is a non-denominational, co-educational private school focused on enhancing a child's mind in an enriched, educational environment.





SCALA

Branch Out*

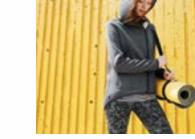
Whether you jog or hike, run or walk, Bayview Village offers an abundance of pathways and trails to escape to and explore. Before stepping foot on new terrain, here's a step-by-step guide on how to stretch out before you work-out.

Start by Skipping Grab a skipping rope, and skip as fast as you can

Kick Butt

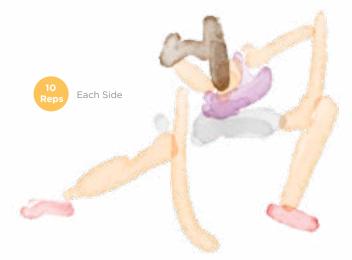
Butt kicks help to walk or run to the standing tall and walk forward with an exaggerated your glutes. Do ten





Get Activewear

Need a pair of leggings that can take you from the office to the outdoors? LOLË (Bayview Village Centre, Unit B20) is a women's activewear brand that merges technical fabrics with fashionforward colours and prints.



Do the Dynamic

Dynamic stretching is the use of controlled leg movements to help improve range of motion, loosen up muscles and increase heart rate and blood flow. Unlike static stretching. a dynamic routine pre-walk or run will help you move more efficiently, getting you from A to B, quickly.

Play Toy Soldier

Keeping your back and knees straight, walk forward, lifting flexing your toes. Advance this by adding a skipping

3 Do the Side Step

Also known as a lateral lunge, sidestepping will thigh flexibility. Start in a tall stand with hands sideways with your left foot and bend your right knee knee go past your toes. Push to standing with your left leg and glute muscles,



Runner's Note The Runner's World Go APP (\$2.99/month) provides outdoor enthusiasts with tracking tools, expert knowledge, and training and nutrition advice.



Each Side

* Please consult your physician before beginning any exercise program. If you experience any pain or difficulty with these exercises, stop and consult your healthcare provider

THE GREENHAUS EFFECT

GREEN THUMB MEETS URBAN LIVING. CULTIVATE YOUR CONDO SUITE INTO A NURSERY OF HOME-FRIENDLY PLANTS AND FLOWERS THAT WILL SOOTHE THE SOUL AND SATISFY THE SENSES.



Grow

Orchids

Beautiful, ethereal and calming, an orchid can add a touch of elegance to an entranceway or dining room table.

Garden Tip: Use ice cubes as food. Feed your orchid two a week to keep it healthy and happy.

Garden goods

From soil to specialized containers, The Woodhill Garden Centre (320 Steeles Avenue East) is stocked with everything your indoor garden needs to fully flourish.



Heal

Aloe

What can't aloe do? The short-stemmed plant helps with digestion, healing burns, reducing inflammation and can help to alkalize the body, amongst other things.

Garden Tip: Ensure you keep this houseplant in full sunlight for optimal growth.

Jasmine

Whether as a tea or an essential oil, Jasmine flowers are a known metabolism booster, helping to improve digestion and blood circulation.

Garden Tip: Never let the compost dry out, but never have it too saturated. Keep the soil consistently lightly moist.





Garnish 0

Basil

High in vitamin K, the seasoning herb is used to flavour a variety of crowd-favourite fare including, pesto, pizza and tomato-based sauces. It can also add a punch to your mojito.

Garden Tip: Herbs need as much natural light as possible. Place in a sunny spot near a window where it will get at least 4 hours of sun daily.

SCALA

J.

*Prices and specifications are subject to change without notice. Illustrations are artist's concept only. Building and view not to scale. Tridel®, Tridel Built for Life®, Tri







\mathcal{N} The Don River

Stretching an extensive 32 kilometres from the Oak Ridges Moraine down to Lake Ontario, The Don R ffers re and runn enthusias numerous to run, u and Looking for smooth ride? search of tric terrain? This comprehensive list provides even the most seasoned of outdoorsmen with a plethora of possibility.

BURKE BROOK

YONGE ST. TO BAYVIEW AVE

- MODERATE
- LENGTH IN TI 1 ~ 2 HOURS
- RUNNING, HIKING 2.3 km

refers to the 'velve young twigs. The leaves and summer, are bright turn vivid red in the fall

.....

EAST DON PARKLAND

WHERE: LESLIE ST. TO STEELES AVE.

LEVEL OF DIFFICULTY EASY TO MODERATE LENGTH IN TIME: 2 ~ 3 HOURS

IDEAL FOR: RUNNING, HIKING DISTANCE:

4.8 km

WATCH OUT FOR: The numerous footbridges that span across various streams and creeks that dot the trail.

.....

FORKS OF THE DON

EGLINGTON AVE. E. MODERATE

3 HOURS IDEAL FO RUNNING, HIKING, CYCLING

DISTANCE: 6 km

WATCH OUT FOR: Stinging Nettle. A plant near the railway line that can cause significant burning sensations when it touches skin.

LIFE IN NATURE

LOWER BARTLEY SMITH GREENWAY

LANGSTAFF RD. TO STEELES AVE. W.

EASY TO MODERATE 1.5 ~ 2 HOURS

RUNNING, HIKING, CYCLING

6.5 km

Mature Trees. The trail is lined with Black Willows, Black Walnuts and Sugar Maples.

.....

LOWER DON

POTTERY RD. TO CHERRY ST. EASY TO MODERATE 1 ~ 2 HOURS

IDEAL FOR: RUNNING, HIKING

DISTA

6 km The Lower Don is the site of one of the largest urban environmenta restoration projects in the world.

.....

MILNE HOLLOW

LAWRENCE AVE. E. EASY TO MODERATE

1~2 HOURS RUNNING, HIKING, CYCLING

3.7 km

WATCH OUT FOR: Milne House. A heritage farmho from the 1950's currently undergoing stabilization work.

MUD CREEK LOST RIVERS LOOP

MOORE AVE. & MIKMANS LANE & MOUNT PLEASANT RD. & ST.CLAIR AVE. LOOP

MODERATI

2.5 ~ 4.5 HOURS

RUNNING, HIKIN

7.2 km

Living ponds. These serene watering holes live on the former site of Toronto's largest brick works, right in the heart of the city.

......

WILKET CREEK

LESLIE ST & LAWRENCE AVE. E. LOOP

LEVEL OF DIFFICULTY: MODERATE TO DIFFICULT

LENGTH IN TIME: 1.5 ~ 2 HOURS

IDEAL FOR: RUNNING, HIKING, CYCLING

6.4 km

NATCH OUT FOR Forests. The trail is known for its abundance of mature Eastern Hemlocks, Sugar Maples, Americ

Beeches and Red Oaks.

THE SPORTING LIFE

Whether you're going for a run, walk or a ride on your bike, find your solemate at the New Balance Toronto in Bayview Village (Unit D12 - 2901 Bayview Avenue).



 North York Central Library

 5120 Yonge Street

SUBWAY TO SHEPPARD-YONGE STATION

Collections include adult literacy materials, North York history, Native peoples, Braille books, collections in ten different languages and more.



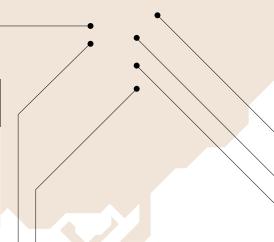
SUBWAY TO SHEPPARD-YONGE STATION

From an intimate cabaret or art show to the latest Broadway sensation or 80-piece orchestra, The Centre has entertainment for all interests.



BUS 25

Get the \$80 annual membership and enjoy free access to over 300 exciting science centres around the world.



Where Can I Go From Here?

Hop on the 85 Sheppard East streetcar and make your way to Don Mills Subway Terminal,

your go-to gateway to some of the Greater Toronto Area's greatest attractions.



1090 Don Mills Road

14 MIN

BUS 25

Spend a day browsing high-end shopping, indulging in divine dining options and catching a flick at the VIP Cineplex.



 Toronto Zoo
 Image: Constraint of Constraints

 2000 Meadowvale Road
 64 Milliont

BUS 85

Offering more than just a chance to admire beautiful creatures, the Toronto Zoo promotes education, science and the conservation of wildlife.



BUS 25

Take a night class and learn something new or enrol in full-time or part-time studies to gain expertise in business, applied arts, applied science or engineering technology.



BUS 51

Discover beauty in the botanical. Spend a sunny afternoon amongst the natural beauty of Edwards Gardens. A former Estate garden, explore the rock gardens, greenhouse, fountains and walking trails.



NATURALLY INSPIRED

Discover a community in step with the lifestyle you desire. Tranquility meets city living at SCALA, a luxurious condo-community set against a naturally lush ravine setting. Winding trails and verdant parkland intertwine with the unparalleled connectivity of both the subway and GO Train at your doorstep. Designed to naturally elevate, Bayview Village is brought to new heights with SCALA.







tridel.com